PERFORMANCE SERIES RECUMBENT BIKE

The TRUE Performance Series Recumbent Bike is designed for maximum comfort, safety, and durability. Its walk-through design accommodates all fitness levels, while the ergonomic reclining seat provides one of the industry's most comfortable rides. With a compact footprint, it fits seamlessly into your home workout space. The 9" touchscreen offers customizable profiles for up to six users, allowing everyone to save and track their workouts.

FEATURES

- TRUE's HRC® Cruise Control that maintains your target heart rate by increasing or decreasing resistance throughout your workout.
- Thumb-operated controls on the contact heart rate handlebars to easily adjust resistance during your workout.
- Elastic Mesh Seat for a comfortable biking workout.

SPECIFICATIONS

DIMENSIONS (L X W X H)

58" x 26" x 50.5"/ 147.32 cm x 66.04 cm x 128.27 cm

QUICK ACCESS CONTROL

Multi-Function Thumb Controls

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

CONSOLE OPTIONS

EMERGE

9" TOUCHSCREEN

TRUE

PERFORMANCE SERIES RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 2.4 M
	Drive Motor	Single Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Eddy Current Brake
	Resistance Levels	25 (EMERGE), 30 (9" Touchscreen)
	Workload Range	40-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Reclining Fatigue Resistant Elastic Mesh Seat Back with Conforming Lumbar Support and 24 Position Settings
	Handlebar Design	Two Positions with Moisture Resistant Sleeves
	Quick Access Control	Multi-Function Thumb Controls
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible, (Bluetooth on 9" Touchscreen)
	Connectivity	App Connectivity via GEM Module prior to starting workout on 9" Touchscreen
SAFETY		Reinforced Walk-Through Design
REGULATORY APPROVALS		ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap
PHYSICAL SPECIFICATIONS	Footprint	58" L x 26" W x 50.5" H / 147.32 cm x 66.04 cm x 128.27 cm
	Machine Weight	163 lbs. / 74 kg
	Maximum User Weight	350 lbs. / 159 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	25 Years
	Parts	10 Years
	Console	9" (7 Years), EMERGE (10 Years)
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details.
Specifications subject to change without notice.

CONSOLE OPTIONS

			9" TOUCHSCREEN	EMERGE
CONNECTIVITY	Bluetooth Connectivity	App	•	
		Chest Strap	•	
		Headphones	•	
	Gym Trakr App Tracking		•	
	Wireless Heart Rate Monitoring	Polar® Compatible	•	•
	3.5mm Headphone Jack		•	
	Reading Rack/ Tablet Holder		•	•
	Workouts	Manual, Rolling Hills, Single Hill, Random, Glute Buster, Calorie Goal, Pace Intervals, Leg Shaper, Cardio Challenge, Target HRC, Weight Loss HRC, Aerobic HRC, Intervals HRC, 5K, 10K, Fitness Test, Custom Ultra	•	
		Manual, Sports Intervals, Easy Intervals, Rolling Hills, One Big Hill, Target HRC		•
	Saved Workouts	Console Saves Last Ten (10) Workouts	•	
	Six (6) User Profiles	Up to six (6) Save Workouts Each - If activated	•	
	Touchscreen		•	
SERVICE	Software Update Via USB		•	•
	Self Diagnostics		•	•
POWER CONSERVATION	Sleep Mode	Standard	•	•
LANGUAGES		English	•	•

9" TOUCHSCREEN

- 9" HD Touchscreen
- User-friendly tabs, connectivity, and built in workouts
- Up to six (6) user profiles

EMERGE

- Quick keys and challenging programs

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