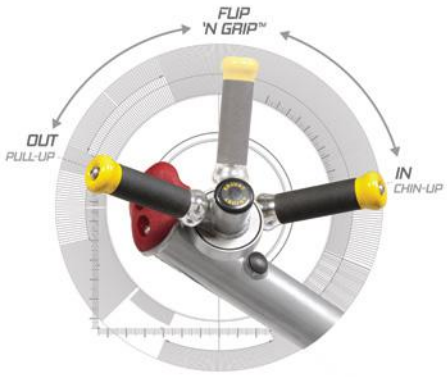
CHIN/DIP ASSIST

RS-1700

FEATURES

- Offers 14 exciting exercise variations, 7 with assistance, and 7 without
- Flip 'N Grip™ handles allow users to perform neutral grip pull-ups and narrow grip chin-ups
- Rock-climbing handles to develop wrist, arm, and shoulder strength
- Adjustable foot plate to accommodate assisted and unassisted exercise positions



SPECS

- Product Dimensions L x W x H:
  66.50" (169 cm) x 48.00" (122 cm) x 100.00" (254 cm)
- Product Weight: 857 lbs (389 kg)
- Weight Stack: 380 lbs (172 kg)

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