

## LEG PRESS

RS-1403



### FEATURES

- Eleven linear seat adjustments to accommodate varying leg lengths
- Large oval molded foot plate provides multiple foot placement positions for both leg press and calf exercises
- Starts the body in the traditional leg press position, then rocks the upper torso rearward to provide greater activation of the gluteal muscles

### SPECS

- Product Dimensions L x W x H:  
75.00" (190 cm) x 50.50" (128 cm) x 55.75" (141 cm)
- Product Weight: 882 lbs (400 kg)
- Weight Stack: 380 lb weight stack