LOW BACK

RS-1204

FEATURES

- Starts the body in a forward lean with knees bent, then rocks rearward to maintain proper alignment between hips and low back while reducing stress to the low back
- Swivel back pad is designed to ensure a safe and comfortable exercise movement while providing optimal support to the hips and spine
- Adjustable foot rests to accommodate varying user sizes

SPECS

- Product Dimensions L x W x H:
  67.75” (172 cm) x 55.50” (141 cm) x 54.75” (140 cm)
- Product Weight: 620 lbs (281 kg)
- Weight Stack: 345 lbs (157 kg)

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