GLUTE THRUST

CF-3416

SPECS

- **PRODUCT DIMENSIONS (L x W x H)**
  66.5" x 55.3" x 37.6" (169 cm x 141 cm x 95.5 cm)
- **PRODUCT WEIGHT**
  308 lbs (140 kg)
- **STARTING WEIGHT (UNLOADED)**
  45 lbs (20 kg)
- **MAXIMUM WORKOUT WEIGHT**
  225 lbs (102 kg)
  equal to 340 lbs at bar pad (154 kg)
- **MAXIMUM WEIGHT STORAGE CAPACITY**
  275 lbs (125 kg)

FEATURES

- The patented, 4-Bar support system keeps the knees bent, limiting the engagement of the quadriceps to focus on the glutes
- Oversized, adjustable pad ensures a comfortable and secure user experience
- Sealed ball-bearing pivots for a smooth and quiet motion
- Integrated weight storage
- High Impact Polypropylene covered weight horns to protect frame and reduce noise

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