DECLINE CHEST PRESS

RPL-5305

CONTOURED HANDLES

SPECS

PRODUCT DIMENSIONS (L X W X H)
73.00” x 52.75” x 56.25”
(185 cm x 134 cm x 143 cm)

PRODUCT WEIGHT
366 lbs (166 kg)

MAX STORAGE
720 lbs (327 kg)

MAX CAPACITY
800 lbs (363 kg)

FEATURES

- ROC-IT® technology aligns the user with the press-arms for a start with the handles positioned at chest level, then rocking the user rearward to replicate the motion of a decline chest press
- Independent, converging press-arms provide a natural motion and minimizes stress to the anterior shoulder capsule
- Counter-balanced press-arms for a low starting weight
- Contoured press-arm handles provide multiple grip positions
- Generous built-in weight storage

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