

# C-212

## Pendulum Squat



C-212 ↗



### Description:

- Variable resistance design provides an optimal strength curve.
- Counterbalanced for lower starting resistance.
- Front pivoting handgrip ensures easy racking.
- Large non-skid footplate provides proper positioning for all users.
- Pivoting design provides greater smoothness and is virtually maintenance-free.
- Standard weight storage horns eliminate need for separate weight trees.
- Can load up to 270 lbs

### Specifications :

- Width : 43"(109cm)
- Height : 63"(160 cm)
- Length : 94"(239 cm)
- Weight : 565 lb (256 kg)
- Starting Weight : 50 lb (23 kg)