

STANDING ELLIPTICALS

COMPARE SPECIFICATIONS

	Q47xi	Q47x	Q37xi	Q37x	Q35x	LateralX	XT-One	XT4700	XT3700
Key Mechanical Features									
Stride length	18"–26" (46–66cm)	18"–26" (46–66cm)	20.5" (52cm)	20.5" (52cm)	20.5" (52cm)	–	20"–28" (51–71cm)	20"–28" (51–71cm)	24" (61cm)
Electronic stride adjustment	Stride Length	Stride Length	–	–	–	Lateral Width	Stride Length	Stride Length	–
Adjustable Incline (10 levels)	–	–	–	–	–	–	•	–	–
MultiGrip & Converging Path Handlebars	•	•	•	•	–	•	•	•	•
Fingertip controls on moving handlebars	Level & Stride	Level & Stride	–	–	–	Level & Width	Incline & Stride	Level & Stride	•
Watch, Read, Surf placement options	•	–	•	–	–	•	•	•	•
Low step-up height	5" (12.7cm)	5" (12.7cm)	4" (10.2cm)	4" (10.2cm)	4" (10.2cm)	–	5" (12.7cm)	5" (12.7cm)	4" (10.2cm)
Soft grip pedals	•	•	•	•	–	•	–	–	–
Pedal Spacing 1.8" (4.6cm)	•	•	•	•	•	–	•	•	•
Covered track & rollers	•	•	•	•	–	–	Linkage System	•	•
Set of resistance bands	•	–	•	–	–	–	–	–	–
Water bottle holder	•	•	•	•	•	•	•	•	•
Electronic Features									
SmartLight	multi-color	1-color	multi-color	1-color	–	–	–	–	–
SmartStride	•	•	–	–	–	–	•	•	–
SmartLink compatible	•	–	•	–	–	–	–	–	–
Quick starts	1	1	1	1	1	1	4	3	1
Resistance levels	20	20	20	20	20	30	30	30	30
MOM mode	•	•	•	•	•	–	–	–	–
Polar® wireless heart rate compatible	•	–	•	–	–	•	•	•	•
Bluetooth® 4.0 and ANT+ compatible	•	–	•	–	–	–	•	•	•
3-speed personal fan	•	–	–	–	–	•	•	•	•
Digital contact heart rate on moving handlebars	•	•	–	–	–	•	•	•	–
Digital contact heart rate on stationary handlebars	–	–	•	•	•	–	–	–	–
Self-powered	–	–	–	–	–	•	•	•	•
Workouts									
Number of programs on console	14	10	10	8	8	13*	17*	16*	13*
Number of Workouts with SmartLink									
Lose weight programs	12	–	12	–	–	9**	11**	10**	8**
Feel better programs	20	–	18	–	–	10**	11**	10**	10**
Tone up programs	12	–	12	–	–	8**	10**	8**	7**
Athletic performance programs	30	–	30	–	–	14**	16**	14**	13**
Workout Boosters									
X-Mode	•	•	•	•	•	•	•	•	•
GlutePower	–	–	–	–	–	–	•	–	–
ArmBlaster	•	•	•	•	•	–	•	•	•
Thigh Toner	–	–	–	–	–	•	–	–	–
Quad Power	–	–	–	–	–	•	–	–	–
GluteKicker	•	•	•	•	•	–	–	–	•
Product Specifications									
Max user weight	300lbs (136Kg)	300lbs (136Kg)	300lbs (136Kg)	300lbs (136Kg)	300lbs (136Kg)	400lbs (181Kg)	400lbs (181Kg)	400lbs (181Kg)	400lbs (181Kg)
Footprint	33.5" x 72" (85 x 183cm)	33.5" x 72" (85 x 183cm)	30" x 65.5" (76 x 166cm)	30" x 65.5" (76 x 166cm)	26" x 65.5" (66 x 166cm)	42" x 63" (106 x 160cm)	33" x 75" (84 x 191cm)	31" x 69" (78 x 175cm)	31" x 69" (78 x 175cm)
Footprint – live area	37.5" x 84.5" (95 x 215cm)	37.5" x 84.5" (95 x 215cm)	34" x 76.5" (86 x 194cm)	34" x 76.5" (86 x 194cm)	26" x 76" (66 x 193cm)	42" x 63" (106 x 160cm)	33" x 92" (84 x 234cm)	34" x 83" (86 x 210cm)	34" x 83" (86 x 210cm)
Product weight	290lbs (132Kg)	290lbs (132Kg)	220lbs (100Kg)	220lbs (100Kg)	210lbs (95Kg)	388lbs (176Kg)	395lbs (180Kg)	340lbs (154Kg)	320lbs (145Kg)
Warranty									
Frame	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime	Lifetime
Parts	5 Years	5 Years	5 Years	5 Years	5 Years	5 Years	5 Years	5 Years	5 Years
Labor	1 Year	1 Year	1 Year	1 Year	1 Year	1 Year	1 Year	1 Year	1 Year

* Programs available on commercial products with standard console

** Programs available on commercial products with smart console – not compatible with tablet version SmartLink app