ES900 RECUMBENT BIKE

The TRUE ES900 Recumbent Bike is brilliantly engineered for comfort, safety, and efficiency. Its walk-through design accommodates users of all fitness levels while an ergonomic-enhanced reclining seat offers one of the most comfortable rides in the industry. The bike is self-generating, eliminating the need to position it near an outlet. Along with its small footprint, the ES900 allows you to maximize your workout space. It also features the latest in fitness technology and connectivity to revolutionize the user experience, letting them to easily track and manage their workouts through the GymTrakr app.

GymTrakr App
Connectivity and Tracking

FEATURES

- TRUE's HRC® Cruise Control that maintains your target heart rate by increasing or decreasing resistance throughout your workout
- Thumb-operated controls on the contact heart rate handlebars to easily adjust resistance during your workout
- Elastic Mesh Seat for a comfortable biking workout
- The latest in fitness app technology and connectivity with the GymTrakr App

SPECIFICATIONS

DIMENSIONS (L X W X H)

58" x 26" x 50.5"/ 147.32 cm x 66.04 cm x 128.27 cm

QUICK ACCESS CONTROL

Multi-Function Thumb Controls

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

180 lbs / 82 kg

COLOR

Silver

CONSOLE OPTIONS

T9 TOUCH SCREEN
(GymTrakr)

RESIDENTIAL

ES900 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating
	Drive System	Dual Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	20-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Reclining Fatigue Resistant Elastic Mesh Seat Back with Conforming Lumbar Support and 24 Position Settings
	Handlebar Design	Two Positions with Moisture Resistant Sleeves
	Quick Access Control	Multi-Function Thumb Controls
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
	Connectivity	App Connectivity via GEM Module prior to starting workout
AVAILABLE CONSOLE	Display	T9
	Workouts	Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K)
	Saved Workouts	Console Saves Last Ten Workouts
	Six (6) User Profiles	Up to six (6) Save Workouts Each – If Activated
SAFETY		Reinforced Walk-Through Design
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap
PHYSICAL SPECIFICATIONS	Footprint	58" L x 26" W x 50.5" H / 147.32 cm x 66.04 cm x 128.27 cm
	Machine Weight	180 lbs. / 82 kg
	Maximum User Weight	350 lbs. / 159 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Parts	10 Years
	Console	T9 (7 Years)
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

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REV 11-14-19